

ARKANSAS SECONDARY TRANSITION PLANNING

IT'S NEVER TOO EARLY TO START PLANNING FOR A CHILD'S FUTURE.

These are recommended resources, services, and activities for students with disabilities as they prepare for life after high school.

The numbers in the boxes correspond to the resource list.



BIRTH TO ELEMENTARY

Use a milestone chart to keep up with milestones expected and reached, including the kindergarten readiness checklist.

8, 11

At the first sign of concern with your child's development, seek comprehensive, developmental, psychological and cognitive, psychological-educational assessments.

1, 6, 8, 22, 25, 41

Encourage independence in your child by assigning chores and responsibilities.

Seek Medicaid or TEFRA funding, regardless of income, if your child is diagnosed with a disability.

21, 24, 25

Allow your child to make as many decisions as possible to encourage good decision and choice making skills.

Help teach problem-solving skills by asking your child questions to resolve issues instead of solving it for them.

Determine your child's interests and strengths and incorporate them into daily activities as much as possible.

Create a fun booklet with your child that allows him/her to show likes and dislikes.

Consider contacting agencies dedicated to providing services for specific disabilities.

1, 18, 19, 26, 30, 36, 37, 42

Talk to your child about how their interests relate to certain jobs or careers and visit those job sites or talk to people in those positions.

Make sure you talk to your child's teacher about your child's performance and needs and possible services available within the district.

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MIDDLE/JR. HIGH SCHOOL

Attend IEP meetings and make sure you and your child understand its components.

8, 20

Encourage communication by asking open-ended questions to allow for productive conversations about your child's day instead of "yes/no" questions.

Talk with your child's teacher about getting students to have a role in their IEP meeting.

Continue to include your child's interests and strengths in daily activities and make sure you keep up with how those may change.

Continue to talk to your child's teacher about your child's performance and needs and possible services available within the district.

23

Encourage your child to research disabilities, including his/her own. Have a discussion about how people learn differently and can still achieve goals when they better understand their disability.

Continue to provide opportunities for your child to make decisions including activities to do at home or on the weekend.

22

If you think your child will have needs getting a job, contact these corresponding agencies for more information on eligibility, services and programs available.

12, 17, 22, 29, 38, 39, 40, 41



Take a learning style assessment with your child and compare similarities and differences between your learning style and your child's.

20, 36

If you think your child will have needs living independently or at home, contact these corresponding agencies for more information on eligibility, services and programs available.

1, 3, 15, 17, 22, 25, 30, 32, 42

If you think your child will have needs succeeding in more education after high school, contact these corresponding agencies for more information on eligibility, services and programs available.

3, 4, 5, 7, 10, 20, 28, 29, 36, 39

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HIGH SCHOOL

Talk to your child's teacher about holding a transition fair.

20

Continue to talk to your child's teacher about your child's performance and needs and possible services available within the district.

23

Attend college campus tours with your child.

4, 5, 10

Ask your child to research various careers and discuss what training or education is needed to work on those areas.

Make your child responsible for setting various appointments for him/herself.

Research the agencies in Arkansas and in your area to gain information about services available, as well as eligibility requirements.

20, 44

Discuss your child enrolling in vocational classes at the high school or area vocational school.

Research ACT/SAT prep websites and programs for your child to use prior to testing.

Work with your child to research financial aid options for post-secondary options.

10

Allow your child to shop with you and discuss planning lists, budgeting and nutrition.

If you think your child will have needs getting a job, contact these corresponding agencies for more information on eligibility, services and programs available.

1, 12, 17, 22, 29, 38, 39, 40, 41

If you think your child will have needs living independently or at home, contact these corresponding agencies for more information on eligibility, services and programs available.

1, 3, 15, 17, 22, 25, 30, 32, 42

If you think your child will have needs succeeding in more education after high school, contact these corresponding agencies for more information on eligibility, services and programs available.

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INFORMATION RESOURCE LIST

(1) ACCESS www.accessgroupinc.org (501) 217-8600	(16) Arkansas Legal Services www.arlegalservices.org (800) 967-9224 (800) 952-9243	(31) Governor's Developmental Disabilities Council www.ddcouncil.org (501) 661-2589 (855) 627-7580
(2) ARC of Arkansas www.arckark.org (501) 375-7770	(17) Arkansas Rehabilitation Services (ARS) www.ars.arkansas.gov (501) 296-1600 or (800) 330-0632	(32) Increasing Capabilities Access Network (ICAN) www.ar-ican.org (501) 666-8868 (800) 828-2799
(3) Arkansas Adult Learning Resource Center (AALRC) www.aalrc.org (501) 907-2490 (877) 963-4433	(18) Arkansas School for the Deaf www.arschoolfortheblind.org (501) 324-9506	(33) Independent Case Management www.icm-inc.org (501) 228-0063 (800) 409-5720
(4) Arkansas Association on Higher Education & Disabilities (ArkAHEAD) www.arkahead.org (501) 812-2333	(19) Arkansas School for the Blind www.arkansaschoolfortheblind.org (501) 296-1810 (800) 362-4451	(34) Integrity Inc. www.integrityinc.org (501) 614-7200
(5) Arkansas Career Training Institute (ACTI) http://www.arcareereducation.org/services/arkansas-rehabilitation-services/arkansas-training-institute (501) 624-4411	(20) Arkansas Transition Services www.arkansastransition.com (501) 375-6487	(35) Job Corps http://www.jobcorps.gov/home.aspx (501) 618-5201 (800) 733-5627
(6) Arkansas Child Find Project http://www.archildfind.org/ (501) 771-8093 (800) 482-8437	(21) Arkansas Waiver Association www.arkansaswaiver.com (479) 927-4100	(36) Learning Disabilities Association of Arkansas www.ldarkansas.org (501) 666-8777
(7) Arkansas Department of Career Education (ACE) www.ace.arkansas.gov (501) 682-1500	(22) Best Buddies Arkansas http://www.bestbuddies.org/arkansas/ (501) 975-1040	(37) National Alliance on Mental Illness (NAMI) Arkansas namiarkansas.org (501) 661-1548 (800) 844-0381
(8) Arkansas Department of Education - Special Education Unit https://arksped.k12.ar.us (501) 682-4475	(23) The Center for Exceptional Families www.tcfef.org (870) 336-3012 (888) 360-9654	(38) Partners for Inclusive Communities www.uofapartners.uark.edu (501) 301-1100 (800) 342-2923
(9) Arkansas Department of Health (ADH) www.healthy.arkansas.gov (501) 661-2000 (800) 462-0599	(24) Centers for Medicare & Medicaid Services (CMS) http://www.cms.gov/ (800) 633-4227	(39) Project AWIN www.arsources.org/services/project-awin (479) 442-5600 (888) 284-7521
(10) Arkansas Department of Higher Education (ADHE) www.adhe.edu (501) 371-2000	(25) Developmental Disabilities Services Children Services (DDS) www.humanservices.arkansas.gov/ddds (501) 682-2277 (800) 482-5850 ext. 22277	(40) Project Search www.projectsearch.uams.edu (501) 529-3139
(11) Arkansas Department of Human Services (DHS) www.humanservices.arkansas.gov (501) 682-1001	(26) Division of Services for the Blind www.arkansas.gov/dhs/dsb (501) 682-5463 (800) 960-9270	(41) Social Security Administration (SSA) www.arkansas.gov/ddssa (501) 682-3030 (866) 593-0933
(12) Arkansas Department of Workforce Services (DWS) www.dws.arkansas.gov (501) 682-2121 (855) 225-4440	(27) Disability Rights Arkansas www.disabilityrightsar.org (501) 296-1775 (800) 482-1174	(42) Spinal Cord Commission www.spinalcord.ar.gov (501) 296-1788 (800) 459-1517
(13) Arkansas Disability Coalition (ADC) www.adcpti.org (501) 614-7020 (800) 223-1330	(28) Easterseals Arkansas www.eastersealsar.com (501) 367-1200	(43) United Cerebral Palsy (UCP) www.ucp.org (501) 224-6067 (800) 872-5827
(14) Arkansas Enterprises for the Developmentally Disabled http://www.aeddinc.org/ (501) 666-0264	(29) Friendship Community Care www.fccare.org (479) 967-2322 (800) 461-1793	(44) University of Arkansas Autism Support Program http://coehp.uark.edu/10656.php (479) 595-6071
(15) Arkansas Independent Living Council http://www.ar-silc.org/about.html (501) 372-0607 (800) 772-0607	(30) Goodwill Industries of Arkansas https://goodwillar.org/ (501) 372-5100 (877) 372-5151	

For a list of some of the local agencies available in your area, please visit: <http://www.arkansastransition.com/index.php/arkansas-agencies>

If you'd like to request changes to agency contact information, please email jennifer.bibel@arkansas.gov