

Appy Hour: Apps to Help Young Adults with Disabilities Learn About and Manage Their Money

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APP HANDOUT

Most of these apps are Free, with optional purchased upgrades to pro or premium (added features, remove ads, larger data allowed, etc.).

iOS = iPhone or iPad compatible

Android = compatible with non-Apple mobile devices

Apps Demonstrated:

- **Counting Bills & Coins**, iOS only, Free, K12 Inc.
 - App to practice counting with money and making change
 - <https://www.k12.com/virtual-school-offerings/online-private-schools-courses/mobile-apps/k-8.html>
- **Money Up! – Build Life Skills**, iOS only, \$15.99, pkclsoft (No free version)
 - App designed to teach money skills to people with special needs
 - Lessons based on the “Next dollar up” method
 - Has a customizable grocery list
 - <http://www.pkclsoft.com/wp/app/dollar-up/>
- **Allowance & Chores Bot**, Android & iOS, Free or Premium \$2.99/month, Wingboat
 - Use app for family members to assign chores and give allowance
 - Easy to use with different avatars for each user
 - <https://wingboat.com/AllowanceBot/index.html>
- **Greenlight – The Debit Card for Kids**, Android & iOS apps, fees of \$4.99/month (up to five kids), Greenlight Financial Technology
 - Debit card that lets you choose the exact stores your kids can spend money at with real-time notifications
 - Helps teach money management and the power of saving with special app for kids
 - <https://www.greenlightcard.com/index.html>
- **Current – Debit card for teens**, Android & iOS apps, fees of \$3/month or \$36/year (per teen), Choice Financial Group
 - App is tied to a VISA debit card that is controlled by parents or guardians
 - Set spending limits, block specific merchants, and transfer money
 - Sign up, connect your bank, then get card in the mail
 - <https://current.com/benefits/teen-banking/>

- **Lunch Tracker**, iOS, Free, Visa
 - Helps build money awareness by calculating how much you spend on lunch over a year
 - Adjust frequency of eating out and daily cost to see spending amount reduced
 - Try the 30-Day Challenge to build better lunch spending habits
 - <https://apps.apple.com/us/app/lunch-tracker/id1049899081>

- **Life Budget**, Android & iOS, Free or Premium \$1.99, Farzad Farhoosh
 - Visually attractive, colorful app for managing expenses and budget
 - Easy to use for entering all money spent and received, with customizable features
 - <http://lifebudgetapp.com/>

- **Dollarbird**, Android & iOS, Free or Pro \$3.33/month, Dollarbird SRL
 - Calendar-based money management program - add all income and expenses by date or expected future date
 - Does not connect to bank account – On each day enter \$ amount
 - Shows a net balance (income minus expenses) for the day and daily ending balance
 - <https://dollarbird.co/>

- **Goodbudget**, Android & iOS, Free or Plus \$6/month, Dayspring Technologies
 - Envelope-based budgeting tracker – shows money available to spend by category
 - Facilitates saving with Goal and Annual Envelopes
 - <https://goodbudget.com/signup>

- **HomeBudget (Lite) with Sync**, iOS, Lite - Free or upgrade \$4.99, Anishu
 - Track your daily and monthly expenses and sync across family devices
 - Easy to set up and use with free or paid options
 - <https://apps.apple.com/us/app/homebudget-lite-w-sync/id307620907>

Other Resources:

- **Good options to explore for an app that links to a bank account**
 - **Mint** – <https://www.mint.com/>
 - **PocketGuard** – <https://pocketguard.com/>
 - **Wally – Smart Personal Finance** – <https://www.wally.me/>

- **Practical Money Skills Calculators**
 - Website by VISA
https://www.practicalmoneyskills.com/resources/financial_calculators