Name:	The supplies when the supplies were the supplies which the supplies were the supplies when the supplie	Date:	
			The state of the s

PARENTS OF TEENAGERS SURVIVAL CHECKLIST

PREPARE COO	COMPARISON SHOPPING									
Can your teenagers:	no	some	usually	aiways	Wearing Apparel					
set a table?					Can your teenagers:	no	some	usually	always	
fry bacon?					plan a wardrobe that					
make toast?					includes school, leisure,					
fry and scramble eggs?					and dress clothes?	\vdash				
recognize basic food					buy shoes that fit?			Ш	Ш	
groups?				Ш	recognize types of materials?		П			
prepare a balanced diet				П	check the quality of items?		H	Ħ	\Box	
for a day? prepare a balanced diet					check seams to see					
for a week?				П	how well they are					
recognize if foods have			_		constructed?					
spoiled?					realize bargains?					
roast a variety of meats?					take advantage of sales?					
mash potatoes?					compare prices?					
make salads?					know to keep sales slips?					
cook vegetables?					know how to return items?					
					figure percentages on		П			
COMPARISON	SHOP	PPING			sales items?		Ш	Ш	Ш	
Groceries					COMPARISON SHOPPING					
Can your teenagers:	no	some	usually	aiways	Appliances	31101	1 1110			
select fresh fruits and		П			Can your teenagers:	no	some	usually	always	
vegetables? purchase a week's supply	Ш	Ш			compare prices?					
of food?					check for quality?	$\overline{\Box}$	\Box	\Box	$\overline{\Box}$	
buy within a budget?	$\overline{\Box}$				evaluate discounts?					
select quality meats?							_			
compare prices?					GEOGRAPHY					
compare sizes? (can they					Can your teenagers:	no	some	usually	always	
recognize that a					navigate to most areas				•	
12 ounce package of	p.(4				of your city?					
bacon is more expensive than a one pound pack-					name surrounding towns					
age that is listed at the					and cities?			님	님	
same price?)					use a road map?	Ш		Ш	Ш	
take advantage of sale					tell you in which country they live?			П		
items?					read road signs?	H	H	H	H	
use coupons?					ask help in directions?	\exists	H	H	H	
determine what items					ask help in directions.	J				
have a long shelf-life? identify what items spoil										
quickly?										

MATHEN	ATIC!	5					no	some	usually	always
Can your teenagers: add? subtract? multiply? divide? figure averages? figure percentages? make change for one dollar? make change for ten dollars? make change for one hundred dollars? tell time?	≈ □ □ □ □ □ □	some	usually	always	Sign	replace a fuse? replace a door hinge? replace a door knob? hang a picture? paint a room? paint trim on a house? clean out guttering? mow the yard? trim around walks? use insecticides safely? store tools? put up a shelf? set a thermostat? replace and clean furnace				
measure in inches? measure in feet? measure in yards? recognize common measurements and compare them? Such as: a teaspoon?						and air-conditioner filters? defrost a refrigerator? clean the stove and oven? replace light bulbs? get a key made? clean the house:				
a tablespoon? a cup? a pint? a quart? a gallon?						dust, vacuum, mop, wax? clean and disinfect a bathroom? make a bed? get rid of roaches?				
READI Can your teenagers read: a novel? the daily newspaper? directions on medicine bottles? directions on detergent boxes? cookbook instructions? monthly statements?	ing no	some	usually	always		tell which clothing should be laundered and which dry-cleaned? wash and iron clothing? tell which cleaning fluids are best for what jobs? do simple mending and sew on buttons? contact the landlord or a professional for more serious problems?				
traffic signs and symbols? an index in a book? and use a telephone book? and use the white pages? and use the yellow pages? and use the encyclopedia? and use a library?					Ca	APPLIAN an your teenagers operate: a toaster? a stove? a vacuum sweeper? a dish washer? a clothes washer? a clothes dryer?	no	some	usually	ałways
HOME MAIN Can your teenagers:	TENA no		usually	always		a lawn mower? a garbage disposal?				
replace a light switch? check the safety of an extension cord?						an electric mixer? an oven? an iron?				

(continues)

CARPEN	IKY					no	301110	usually			
Can your teenagers use a: hammer? screwdriver? pliers?	no	some	usually	always	realize the importance of making a neat, well- groomed appearance? realize the importance of clean clothing and						
hand drill?					shined shoes?						
hand saw? level? square?					know how to manicure their fingernails?						
HEALI	ru				SEXUA	XUALITY					
		50m0	usually	aherare	Do your teenagers:	no	some	usually	always		
Can your teenagers: apply a tourniquet?	no	some			know the biological basics of sex?						
clean a cut?					understand their own	_	_				
apply simple bandages?					sexual drives?						
stop someone from choking on food?					accept responsibility for their own sexuality?						
give mouth to mouth resuscitation?		1/			• understand birth-control measures?						
recognize symptoms of colds?					understand basics of sexual hygiene?						
recognize the cause of certain pains?					know where to seek professional advice?						
treat a minor burn? decide when to use home remedies?					feel they can discuss problems with you?						
				_	COMMUN	ICATIO	ON				
decide when to go to the doctor?					COMMUN Can your teenagers:	ICATIO no		usualiy	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer?					Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person?			usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with					Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect?			usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer?					Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers?			usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL Gi					Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency			usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL G			usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private	no		usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL Gi			usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private conversations? state opinions backed by			usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL GI Do your teenagers: know how often to bathe, wash hair, brush teeth, etc.? know the importance of			usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private conversations?	no		usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL Gi Do your teenagers: know how often to bathe, wash hair, brush teeth, etc.? know the importance of using a deodorant?	ROOM		usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private conversations? state opinions backed by	no	some	usually	always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL GI Do your teenagers: know how often to bathe, wash hair, brush teeth, etc.? know the importance of	ROOM		usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private conversations? state opinions backed by reason and fact?	no	some		always		
decide when to go to the doctor? administer simple medication? identify minor infections? use a thermometer? supplement diet with needed vitamins? carry out a proper program of physical exercise? PERSONAL G Do your teenagers: know how often to bathe, wash hair, brush teeth, etc.? know the importance of using a deodorant? know how to buy toiletries: razor blades, deodorant, toothpaste, shampoo,	ROOM		usually	always	Can your teenagers: dial a long-distance number? dial station-to-station? dial person-to-person? call collect? readily find emergency numbers? organize and compose a personal letter and thank you note? converse well in private conversations? state opinions backed by reason and fact? CURRENT Can your teenagers: read the newspaper?	even	some				

TRANSPORTATION

Can your teenagers: some usually always no use public transit systems? drive a car safely? recognize minor mechanical problems? take the car to a reputable mechanic? change a tire? check the oil, water, transmission fluid and the windshield washer? be responsible for seeing that the car receives proper maintenance?

EMPLOYMENT

Do your teenagers know =				
how to:	no	some	usually	always
apply for employment?				
fill out an application form?				
write a business letter?				
mail packages?				
obtain a social security card?				
use a credit card?				
pay monthly bills?				
balance a checkbook?				
open a checking account?				
keep a bank account?			, <u> </u>	
open a savings account?			75	
apply for a loan?				
write checks?				
fill out income tax forms?				