## **Study Habits Questionnaire**



Place a check mark in the box that shows how likely you are to use each method.

	Not	Somewhat	Likely	Very
	Likely	Likely		Likely
<b>1.)</b> You are given an assignment that				
requires some resource materials				
(dictionary, encyclopedia, atlas,				
almanac, etc.). How likely are you to:		1	1	
a.) Ask the Librarian for help.				
b.) Ask the learning disability specialist				
or your resource room teacher for				
help.				
c.) Ask a parent for help.				
d.) Ask a friend for help.				
e.) Search on your own.				
2.) You have a very demanding schedule				
– a full class load and a part time job.				
How likely are you to:				
a.) Aside a certain amount of time each				
day for studying.				
b.) Study whenever you get the chance.				
c.) Plan a study schedule each week,				
based on your assignments.				
d.) Study just on the nights before tests.				
e.) Study just enough to keep up				
f.) Write assignments on a calendar				
according to when they are due.				
3.) When you are preparing for and				
taking tests, how likely you are to:		I	1	-
a.) Wonder what will be on the test.				
b.) Lose points for incomplete answers.				
c.) Be confused about the directions.				
d.) Panic before or during the test.				
e.) Run out of time before completing the				
test.				
4.) Let's imagine you have just started				
college. After buying the books for your				
classes, how likely do you think you'd be				
do the following:				
a.) Page through the book and set it aside.				

	Not Likely	Somewhat	Likely	Very Likely
	Likely	Likely		Likely
b.) Get started by reading the first chapter.				
c.) Look through the book at the study questions, glossary, chapter headings, and table of contents.				
d.) Set the textbook aside until class begins.				
5.) Some study habits are listed below.				
How likely are you to:				
a.) Remember assignments for specific classes.				
b.) Finish assignments without being reminded.				
c.) Set aside time from other activities to study.				
d.) Finish an assignment once you've started.				
e.) Keep your materials together without loosing them.				
f.) Organize your books and materials.				
6.) After your teacher lectures on a				
lesson, how likely are you to find:				
a.) That you didn't take enough notes.				
b.) You have gaps in your notes.				
c.) You can't write fast enough to keep up.				
d.) You can't understand your notes when you go back to review them.				
7.) I want help from my resource room	YES	NO	Ι	
teacher in learning better study skills. <i>Check the one that applies</i> .			DON'T KNOW	