

## **Transition Road Map**

### **Transition Planning to Next Grade Level**

7<sup>th</sup> Grade Assessments

8<sup>th</sup>
9<sup>th</sup>
10<sup>th</sup>
11<sup>th</sup>
12<sup>th</sup>
13<sup>th</sup>
14<sup>th</sup>

#### Please note: Transition Planning to Next Grade Level

Extra planning and support are necessary for most students to make a successful transition to the next grade level. Often times the receiving teacher has to depend on informal contact with the sending teacher, casual observations, and documentation in order to gain information about their next students. A more formal approach is necessary for students who need adaptations in goals, methods, or approaches in order to ensure their success. Planning for a successful transition of a student is basically a process of sharing information effectively and efficiently.

The student's planning TEAM will want to include the receiving classroom teacher in the transition planning. The team may also want to include the student and friends/classmates, if appropriate.

It is important to start early enough so that all team members have enough time to convey the information that is necessary. The receiving teacher can spend time observing the student in his or her current classroom. The student could visit the receiving teacher's class.

Investing time in the transition process will ensure that the educational gains made over the school year are maintained and built upon the following year.

#### Things to Consider:

Learning C	haract	eristics
------------	--------	----------

- What is the student's learning style?
- What is the student's learning rate?

### Instructional Approaches/Styles of Interaction

- What types of instructional approaches seem most successful?
- Are there particular styles of interaction which are best suited to the student?

#### **Physical Setting**

- Does the student need physical support in seating?
- Does the room arrangement need to be modified to accommodate any equipment the student may use?

#### **Interests and Motivations**

What gets the student excited?

#### ♦ What are the student's hobbies?

#### Communication

- How does the student communicate?
- Is the student able to express their needs?

#### Friendships/Social Skills

Will any of the student's friends be moving on with the student?

- Does the student make friends easily?
- How does the student interact socially?

#### **Parent/Professional Partnerships**

- How much involvement does the parent/care giver prefer to have?
- What form does parent/school communication take and what is the frequency? (i.e. daily notebook, weekly phone calls?)

### Achievement in Different Curricular Areas

- ♦ Reading
- Writing
- Math
- Content Areas
- ♦ Special Area Classes

#### **Functional Routines**

- ♦ Self-help skills
- ♦ School jobs
- ♦ Free-time skills
- ♦ Community skills

#### **Other School Routines**

- Concerns about the bus or walking/wheeling toschool
- ♦ Breakfast program
- ♦ Lunch
- Extracurricular activities/ participation
- ♦ Recess
- Transitions between activities

#### **Health/Safety Concerns**

- Medications
- ♦ Allergies
- ♦ Seizures

#### **Equipment/Adaptations**

- Does the student use any material aids or adaptations (i.e., picture schedule, pencil grip, calculator, picture lists)?
  - Are testing modifications or adaptations needed?

### Planning Your Dreams: A Roadmap For Life After High School For Students With Disabilities And Their Families

## Transition Road Map (this process can start as early as 7<sup>th</sup> grade, if appropriate)

	This process can start as early as 7 <sup>th</sup> grade
Assessment	Complete Transition Interview
	□ Establish IEP team responsibilities
Needs	<ul> <li>Determine student's basic standards testing status/profiles of learning</li> </ul>
	<ul> <li>Begin to discuss and develop an awareness for long range transition goals</li> </ul>
	<ul> <li>Address transportation/mobility needs and contact district mobility specialist if needed</li> </ul>
	<ul> <li>Enroll student (with parent involvement) into appropriate high school</li> </ul>
Activities/Agency Linkages	<ul> <li>Introduce parent to "Resource Guide for People with Disabilities" and discuss what services are available to them</li> </ul>
	<ul> <li>Develop an awareness of adaptive sports and other extracurricular activities available</li> </ul>

### **Transition Road Map**

#### PLANNING YOUR TRANSITION Grade 8

	8 <sup>th</sup> grade - 14 years	
Assessments	<ul> <li>Complete Enderle-Severson Transition Rating Scale (ESTR) or other Transition Assessment, such as TPI, Brigance, etc.</li> <li>Introduce transportation options</li> </ul>	
Needs	<ul><li>Establish IEP team responsibilities</li><li>Determine student's basic standards testing status</li></ul>	
Activities/Agency Linkages	<ul> <li>Enroll student (with parent involvement) into appropriate high school</li> </ul>	

# Transition Roadmap PLANNING YOUR TRANSITION Grade 9

	Four to Five Years Before Graduation (Grade 9)
Learning After High School	<ul> <li>Learn your personal learning style</li> <li>Become aware of options for further education (for example, colleges or trade schools) through your guidance counselor</li> <li>Check on your courses and credits toward high school graduation</li> <li>Look into college or continuing education schools or programs, and their admission requirements.</li> <li>Identify sources of financial support</li> <li>Contact DRS (Division of Rehabilitation Services) to find out about their services</li> <li>Explore agency services such as Family Support Program; Resource Coordinators</li> <li>Identify course requirements for post-high school programs</li> </ul>
Jobs & Job Training	<ul> <li>Begin career exploration (CHOICES Program Interest Inventories, etc)</li> <li>Take introductory courses on "the world of work"</li> <li>Begin pre-employment or plan out high school course work</li> <li>Locate or obtain Social Security card</li> <li>Visit possible employment settings and shadow employees</li> <li>Participate in summer employment</li> <li>Volunteer in your community</li> <li>Find out about assistive tools that can help you in your future employment</li> <li>Learn about your school district's vocational education program</li> <li>Know how you learn best and what accommodations you need to do well in school and at work</li> <li>Explore your job and career interests and skills.         Complete interest and career inventories, and think about other schooling or training you would need     </li> <li>Start financial planning (financial aid for college or continuing education).</li> <li>Save samples of your best school work and achievements.</li> <li>Explore changes to volunteer in the community.</li> <li>Take part in informational interviews or job shadowing experiences.</li> </ul>

Community Participation	<ul> <li>Contact your local school to help you explore community interests and options</li> <li>School shopping and buying items</li> <li>Learn to order and dine at restaurants</li> <li>Learn to use public transportation</li> <li>Obtain a state identification card from the Drivers License bureau</li> <li>Learn to schedule appointments</li> <li>Become aware of your legal rights regarding accessibility</li> <li>Identify neighborhood services and supports</li> </ul>
Recreation & Leisure	<ul> <li>Take a community education class</li> <li>Attend events to learn spectator or audience member skills</li> <li>Learn how to act and dress in a variety of social situations</li> <li>Learn how to plan recreation and leisure activities (where, when, cost of transportation)</li> <li>Establish exercise routines</li> <li>Join a club or organization in your school or community</li> </ul>
Independent Living & Personal Skills	<ul> <li>Get explanation of the purpose of your IEP/Transition meeting and participation</li> <li>Develop personal care skills including hygiene, knowledge of health needs, private and public behavior</li> <li>Learn about acceptable intimate/sexual behavior: talk with your family doctor, your parents, and other adults you trust</li> <li>Participate in chores at home</li> <li>Develop housekeeping and cooking skills</li> <li>Identify transportation services near home.</li> <li>Credit history for housing? Pre paid credit card?</li> <li>Identify technology and/or adaptive living services</li> <li>Explore peer mentoring (vocational and recreational)</li> <li>Plan a course of instruction based on assessments</li> <li>Health safety (managing medical condition)</li> <li>Think about where and how you would like to live, and supports you would need to do this.</li> <li>Begin learning skills you'll need for independent living.</li> <li>Look into assistive technology that can make it easier to have a job and be part of your community.</li> <li>Become more involved in your community and make new friends.</li> <li>Look into and learn to use public transportation (like buses).</li> <li>Think about skills you'll need for taking care of your money (budgeting, savings, checking account).</li> <li>Get an identification card and learn when and how to give out personal information.</li> </ul>

		Learn and practice personal health care.
		Learn to make clear to others your interests, wishes, and
		needs.
Being Your Own		Be able to explain your abilities and disabilities and any
Advocate		accommodations you might need.
		Learn and practice how to make informed decisions.
		Self advocacy skill training
		Verify completion of 8 <sup>th</sup> grade activities
		Complete Enderle-Severson Transition Rating Scale or
	_	other transition assessment (TPI, etc.)
		Schedule basic standards testing/arrange
		accommodations or alternative
		Discuss competency testing plan
		Interest Inventory/Aptitude
Assessment		Student, and Parent Questionnaires
		Checklists
		CHOICES Program and/or Brigance Inventories
		Achievement (KTEA)
		Brigance Inventories, Curriculum Based Assessments,
		Abilities Testing
		Daily living (observational, ICAP and/or Vineland) Self advocacy assessment
		Learn disability awareness
Needs		Learn compensatory skills
		Learn self advocacy skills
		Initiate application to adult service agencies
		Arrange assistive technology assessment
Activities/Agency		Involve work experience coordinator, Project Skills, etc.
Linkages		Verify graduation plan
		Seek information on summer jobs

<sup>\*</sup>Adapted from "Planning Your Dreams: A Roadmap for Life After High School."

## Transition Road Map PLANNING YOUR TRANSITION Grade 10

	Three Years Before Graduation (Grade 10)
Learning After High School	<ul> <li>Three Years Before Graduation (Grade 10)</li> <li>Visit an educational institution (college or trade school) to see what support services they offer</li> <li>Learn more about colleges and other adult education schools and programs, and the support services they offer. Make plans for accommodations to take college entrance exams and complete applications.</li> <li>Contact Social Security to determine eligibility for services</li> <li>Apply for DRS (invite representative to IEP meeting)</li> <li>Discuss post high school training plans with your teacher,</li> </ul>
	school Learn about different adult services and possible funding sources (Family Support Services; Resource Coordinators) Evaluate and adjust course of study for post-secondary school requirements
Jobs & Job Training	<ul> <li>Talk with a school guidance counselor about your career Interests.</li> <li>Match career interests and skills with vocational (jobrelated courses and work experiences in the community.</li> <li>Begin a resume and make changes to it as needed.</li> <li>Seek summer employment (intern in your career interest area).</li> <li>Take part in job shadowing experiences that are offered.</li> <li>Get involved in a high school work experience program; earn credits for learning on the job</li> <li>Apply to DRS (Division of Rehabilitation Services) to see if you are eligible for services from them.</li> <li>Take vocational courses that are of interest to you Volunteer in your local community</li> <li>Learn to be on time for work, appointments, and social activities</li> <li>Develop vocational plan (map out steps to take to help discover vocational goals, skills needed/requirements)</li> <li>Develop resume; cover letter and/or data card</li> <li>Explore one or more of the following:         <ul> <li>employability program with the Department of Labor</li> <li>in school work experiences</li> <li>community/school job shadows</li> </ul> </li> </ul>
Community Participation	<ul> <li>Attend local SCHOOL activities and meetings</li> <li>Explore guardianship issues</li> <li>Join a local club or organization such as 4-H, Big</li> </ul>

	,
	Brothers, or the YWCA  Explore activities such as community education classes, volunteering, participating in local fairs or shows  Find out about community services that can help you
Recreation & Leisure	<ul> <li>Explore new ways to use your free time</li> <li>Self initiate recreational and leisure activities</li> <li>Continue exercise routine</li> <li>Identify supports needed to participate in activities of Interest</li> </ul>
Independent Living & Personal Skills	<ul> <li>Learn about community supports offered by community and state agencies.</li> <li>Invite adult service providers, friends, and others to the IEP/Transition meeting.</li> <li>Start learning about appropriate adult services (Division of Rehabilitation Services, Social Services, Social Security, etc.) visit them and ask questions about their services and how they could provide or could create to meet your needs.</li> <li>Look into affordable housing options and get on waiting lists (Public Housing)</li> <li>Learn about all living options</li> <li>Learn how to comparison shop</li> <li>Learn how to open a bank account, write a check, use a credit card, budget money</li> <li>Figure out what personal assistant services you need, and how to manage these services.</li> <li>Choose health care providers and learn about sexuality and family planning.</li> <li>Continue independent living training plan</li> <li>Males age 18: register for Military Selective Service by completing form at Post Office</li> <li>Continue self advocacy skill training plan</li> <li>Participation in IEP/transition planning</li> </ul>
Supports	<ul> <li>Figure out your need for income support and health care support like SSI (Supplemental Security Income), Independent Living Services and Medicaid.</li> <li>Work with your parents on setting up trusts, if needed.</li> <li>Practice how to communicate best with others at work, at school, with friends, and in the community.</li> <li>Make plans to be sure you will still have assistive technology you need after you leave high school.</li> </ul>

Being Your Own Advocate	<ul> <li>Look into the legal status about decision-making before becoming a legal adult.</li> <li>Learn about the laws that affect the rights of people with disabilities (Americans with Disabilities Act (ADA), Rehabilitation Act, etc.)</li> </ul>
Assessment	<ul> <li>Verify completion of 9<sup>th</sup> grade activities</li> <li>Update transition assessments</li> <li>Review IEP/schedule basic standards testing/arrange accommodations or alternative testing</li> <li>Update Career Planning Profile</li> <li>Establish graduation date</li> <li>ICAP (required for placement in Adjustment Training Centers)</li> <li>Optional:</li> <li>Situational Assessment</li> <li>On the Job Assessment</li> <li>Brigance Life Skill Inventory</li> <li>Street Survival Skills Questionnaire</li> <li>Brigance Inventory of Essential Skills</li> <li>Checklist of Adaptive Living Skills</li> <li>Brigance Diagnostic Employability Skills Inventory</li> <li>Self advocacy assessment</li> <li>Interest and aptitude inventory</li> </ul>
Needs	<ul> <li>Provide career exploration, community participation (involve ILC)</li> </ul>
Activities/Agency Linkages	<ul> <li>*Verify graduation plan</li> <li>Discuss need for SSI, Medicaid/Medicare</li> <li>Discuss need for Medical Assistance</li> <li>Apply for Vocational Rehabilitation services</li> <li>Sign up for Project Skills (work experience program)</li> <li>Explore driver's education need</li> <li>Complete a driver potential assessment (if needed)</li> <li>Seek information on summer jobs</li> <li>Initiate application to adult service agencies</li> <li>Invite appropriate agencies to IEP (i.e. Vocational Rehabilitation, Independent Living Center, Adjustment Training Center)</li> </ul>

## Transition Road Map PLANNING YOUR TRANSITION GRADE 11

	Two Years Before Graduation (Grade 11)
Learning After High School	<ul> <li>Focus in on your course of study and career goals</li> <li>Register and take college entrance exams: request accommodations as needed</li> <li>Identify, visit, and apply to educational institutions</li> <li>Identify and check eligibility requirements for adult services and support at colleges and trade schools</li> <li>Apply for financial aid, scholarships, etc.</li> <li>Arrange for transportation and housing, if necessary</li> <li>Take classes to prepare you for college</li> <li>Continue career planning with your teacher, school counselor and rehabilitation counselor</li> <li>Explore need for possible continuing guardianship or payee after age 18 (remind parents that when child turns 18, they become an independent adult)</li> <li>Evaluate and adjust course of study for post-secondary school requirements by career cluster</li> <li>Begin visiting with adult service providers; make application, if appropriate and explore funding (Vocational Rehabilitation can assist students with supported employment as well)</li> </ul>
Jobs & Job Training	<ul> <li>Identify people and agencies who can assist in your job search</li> <li>Learn how to interview, write resumes, cover letters, and do a job search</li> <li>Identify and check eligibility requirements for post-graduation job supports: ask your case manager or IEP manager</li> <li>Identify and arrange for transportation to and from work</li> <li>Focus on a career choice</li> <li>Learn specific job skills</li> <li>Choose a career cluster (Discover Program/ASVAP Vocational Aptitude Test)</li> <li>Receive vocational planning/guidance</li> <li>Explore one or more of the following:</li> <li>competitive employment</li> <li>supported employment (with job coaching or natural supports)</li> <li>work experiences (volunteer or paid)</li> <li>job shadowing</li> <li>situational assessments</li> <li>employability program/Dept. of Labor</li> </ul>

Community Participation  Recreation &	<ul> <li>Attend local school meetings and activities</li> <li>Get driver's license or problem solve about transportation needs</li> <li>Engage in more community activities</li> <li>Join and participate in community organizations</li> <li>Join local clubs &amp; activities</li> <li>Continue exercise routine</li> </ul>
Leisure	Try additional roofoation and following activities
Independent Living & Personal Skills	□ Participate in an independent living training program  Identify persons or services to assist in locating a place to live  Identify and apply for financial support (i.e. SSI-Supplemental Security Income)  Continue to work on self-advocacy, communication, and time-efficiency skills  Continue to work on home living and personal skills Identify medical resources:  a. medicare/medicaid (SSI)  b. health insurance  c. medical care  d. dental care  e. Indian Health Services  eye care  Identify post high housing options/issues:  a. with family members  b. shared living  c. adult foster care  d. group home  e. supervised apartment  f. monitored living (follow along)  g. residential placement  h. independent (renter/home owner)  i. complete application for subsidized housing by age 18  Continue independent living training plan  Explore transportation options/needs  Obtain driver's license or State identification card (from Driver License Bureau)  Apply self advocacy skills  Increase involvement with IEP/transition planning for IEP meeting
Assessment	<ul> <li>□ Verify completion of 10<sup>th</sup> grade activities</li> <li>□ Update transition assessments</li> <li>□ Review IEP/schedule basic standards testing/arrange accommodations or alternative</li> <li>□ Update Career Planning Profile</li> </ul>

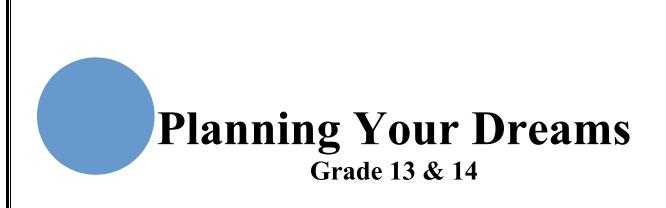
	<ul> <li>□ Take College ACT/SAT (if needed)</li> <li>□ Assess need for post senior high school support</li> <li>□ Assess needs and supports for future living arrangements</li> <li>□ Confirm graduation date</li> <li>□ Brigance Inventories, Curriculum Based Assessments, Abilities Testing</li> <li>□ Independent Living Assessments (Observational)</li> <li>□ Self Advocacy Assessment</li> <li>□ Interest and Aptitude Inventory, Student, and Parent Questionnaires</li> <li>□ CHOICES Program</li> <li>□ ASVAB Vocational Aptitude Test</li> </ul>
Needs	<ul> <li>Consider additional specialized training in all transition areas</li> </ul>
Activities/Agency Linkages	<ul> <li>Verify graduation plan</li> <li>Apply for Medical Assistance</li> <li>Apply for and schedule periodic appointments with DRS counselor</li> </ul>

## Transition Road Map PLANNING YOUR TRANSITION GRADE 12

	One Year Before Graduation (Grade 12)
Learning After High School	<ul> <li>Decide on university, college or technical college to attend</li> <li>Set up accommodations and supports</li> <li>Make plans on how you will get to school, work, etc (bus, car, friends)</li> <li>Be sure the high school completes and evaluations needed by adult service providers or colleges, and that they make these records available.</li> <li>Meet with adult service providers and complete applications(s)</li> <li>Finalize plans for post-high school training with your counselor</li> <li>Check on ACT accommodations</li> <li>Complete college or vo-tech school entrance exams, complete Free Application for Federal Student Aid, and complete school applications</li> </ul>
Jobs & Job Training	<ul> <li>Obtain a paid job along with supports if needed</li> <li>Go on informational interviews with employers</li> <li>Build a resume of job skills and experiences</li> <li>Get copies of transcripts and other important records from your school before you graduate</li> <li>Write your resume and get letters of recommendation from teachers before you graduate.</li> <li>Explore one or more of the following:         <ul> <li>competitive employment</li> <li>supported employment (with job coach or natural supports)</li> <li>work experiences (paid or non paid)</li> <li>on the job exploration, assessment or training</li> <li>internship</li> <li>employability program/Dept. of Labor</li> <li>Job Corp (Job Service)</li> <li>Military</li> <li>Refine vocational goals</li> <li>Update resume/job data card</li> </ul> </li> </ul>
Community Participation	<ul> <li>Identify eligibility requirements and apply for adult support</li> <li>Register for military selective service (males, age 18) at the post office</li> <li>Register to vote and learn to vote at local precinct (age 18): visit or call your county voter registration office</li> </ul>

Recreation & Leisure	Continue to take part in activities of interest
Loisuic	
Independent Living & Personal Skills	<ul> <li>Continue to learn communication and organization skills</li> <li>Continue to work on independent living skills</li> <li>Make detailed plans for living on your own if that's your goal. Keep practicing your independent living skills.</li> <li>Learn to take care of your health care needs (make appointments, fill and take prescriptions, etc.)</li> <li>Make a list of people and agencies that can help you if problems come up.</li> <li>Register to vote</li> <li>Continue independent living training program</li> <li>Increase knowledge of, and self management of medical condition (if appropriate)</li> <li>Apply self advocacy skills</li> <li>Increased participation in transition planning for IEP/transition meeting</li> </ul>
Supports	<ul> <li>Have in place any income and health care support programs you might need (SSI, Independent Living Services, Medicaid)</li> <li>Build detailed plans of supports you will need with adult service agencies.</li> <li>Begin transitioning into your new adult service plan.</li> </ul>
Being Your Own Advocate	<ul> <li>Work on communication skills and self-advocacy skills (standing up for and speaking up for yourself).</li> <li>Become involved with advocacy and support groups.</li> </ul>
Assessment	<ul> <li>Verify completion of 11<sup>th</sup> grade activities</li> <li>Update transition assessments</li> <li>Include adult service providers in transition planning</li> <li>Determine need for post senior high school support</li> <li>Discuss with team whether extended services are required</li> <li>Independent Living assessment (IL Centers can provide)</li> <li>Vocational Assessments</li> <li>If pursuing Adult Service Program/VR ICAP and current evaluation including Psychological Evaluation &amp; Adaptive Behavior is required (Current within last 3 years)</li> <li>Brigance Inventories</li> <li>Self Advocacy Assessments</li> <li>LCCE Assessments</li> <li>Interest and Aptitude Inventories, Questionnaires</li> <li>Situational assessments (vocational and independent living)</li> </ul>
Activities/ Agency Linkages	☐ Verify graduation plan ☐ Register for Selective Service ☐ Provide community resource list ☐ Apply for post secondary vocational services

☐ Complete intakes for needed services, Career Learning	
Center or Department of Labor	
☐ Develop long term financial support plan	
☐ Develop specific post secondary/job/ community/	
recreation/home living plan with adult service agencies	
recreation/nome living plan with addit service agencies	
	41
	41



#### **PLANNING YOUR DREAMS**

	One or Two Years After Graduation (Grade 13 or 14)
Learning After High School	<ul> <li>Continue to use the accommodations you need</li> <li>Check on referral status with Vocational Rehabilitation Services/SBVI; coordinate services</li> <li>Check on referral to Independent Living program; support services; coordinate services</li> </ul>
Jobs & Job Training	<ul> <li>Use resume when applying for jobs</li> <li>Acquire full-time employment</li> <li>Ask for support when you need it!</li> <li>Explore one or more of the following:         <ul> <li>competitive employment</li> <li>supported employment (with job coach or natural supports)</li> <li>on the job evaluation, exploration or training</li> <li>continuing education (workshops/classes)</li> </ul> </li> </ul>
Community Participation	<ul> <li>Identify eligibility requirements and apply for adult services</li> <li>Register for military selective services (males, age 18)</li> <li>Register to vote and learn to vote at local precinct (age 18)</li> <li>Join and participate in adult clubs and activities</li> <li>Plan &amp; host an activity</li> <li>Sign up for Community Education class or Park &amp; Recreation class</li> </ul>
Recreation & Leisure	□ Join and participate in adult recreation activities
Home Living & Personal Skills	<ul> <li>Get the support you need in new living situations</li> <li>Make decisions regarding living options following high school</li> <li>Complete applications for support services</li> <li>Complete applications for independent living programs</li> <li>Continue independent living training plan</li> <li>Continue self advocacy training plan</li> </ul>
Assessment	<ul> <li>On the job assessment</li> <li>Brigance Life Skill Inventory</li> <li>Street Survival Skills Questionnaire</li> <li>Brigance Inventory of Essential Skills</li> </ul>

Checklist of Adaptive Living Skills
 Brigance Diagnostic to Employability Skills Inventory
 Curricula Assessments
 Independent Living Assessment (hands on observation or with agency)
 Informal Questionnaire
 Self Advocacy Assessment

If you reach a roadblock or lose direction call ... your local school district or Transition Services Liaison Project at 800-224-5336



## <u>Transition</u> <u>Assessment Tools</u>

#### **Transition Assessment Tools**

#### **Transition Skills Assessment**

Created to help young people progress for their transition from high school to adult life.

Student Name:	Date:				
1=y	o, or no ex es, with he es, no prob	lp or modif			
<u>EMPLOYMENT</u>					
Knowing about jobs	Student	Parent	Tea	cher	Average
<ol> <li>Can you describe the different kinds of jobs that are available to young people i your community or state?</li> </ol>	n 🗆				
<ol> <li>Can you describe several different possible jobs that fit well with your skills and interests?</li> </ol>					
Finding a job					
<ul><li>3. Do you use different ways to hunt for jobs, like reading want ads and asking friends or family members for leads?</li><li>4. Do you prepare a good resume, with the</li></ul>					
right kinds of information on it?  5. Do you complete job applications properly					
and perform well in a job interview?					
Skills on the Job					
<ul><li>6. Is your attendance at work acceptable?</li><li>7. Do you arrive to work and leave the job on time?</li></ul>					
<ol> <li>Is your employer satisfied with the amount of work you do and how well you do it?</li> </ol>					
<ol><li>Do you get along well with the other workers?</li></ol>					

#### **LIFELONG EDUCATION AND TRAINING**

Reading	Stude	nt Pare	nt	Teacher	Average
10. Do you accurately read short phrases and					
sentences? Some examples are (1) short					
questions on a test, (2) restaurant					
menus, and (3) newspaper headlines.		П			
11. Do you accurately read short					
paragraphs? Some examples are (1)					
directions for cooking food, and (2)					
instructions for doing homework.					
12. Do you accurately read lengthy					
materials? Some examples are: (1)					
· · · · · · · · · · · · · · · · · · ·					
newspaper and magazine articles, and (2)					
novels.					
13. Do you accurately read difficult materials?					
Some examples are: (1) textbooks, and					
(2) manuals for operating a dishwasher or					
stereo system.					
Writing					
14. Do you accurately write short sentences?					
Some examples are (1) grocery lists, and (2)					
short answers to questions on a test.					
15. Do you accurately write short paragraphs?					
Some examples are (1) a short letter to a					
friend, and (2) written directions on how to go	)			П	
some place.				Ш	
16. Do you accurately write lengthy materials?					
Some examples are (1) an essay for an					
. , , ,					
English class, and (2) a job application	_				
including a letter describing your qualification	S				
B# a4la	\4 al a .a.4	. D4	<b>T</b>		
	tudent	Parent	reac	her Aver	age
17. Do you add, subtract, multiply and divide who	ole 🗆				
numbers, either with or without a calculator?					
18. Do you use basic units of measure accurately					
Some examples include measuring (1) weigh	t,				
(2) length, and (3) time.					
19. Do you use math skills to help solve problem	S 🗆		П	П	
in school or in the community? Examples					
include (1) the length of a trip, and (2)					
dovolonina o hudaot	<b>3</b> 4 -1				
dovoloping a sauget.	Studen	t Parer	nt read	cher Ave	rage
Post-Secondary Education					
20. Has the support you need been identified and	٦ -				
included in your transition plan, e.g., a) rehab	_	_	_		
services, b) higher education support, c)					
					47

county social services, d) other adult services, e) financial assistance.  21. Can you identify a variety of post-secondary training/learning options that match your career goal?  22. If you have a disability, do you ask for accommodations (when needed)?			
HOME LIV	<u>'ING</u>		
Self Care 23. Do you have good sleeping habits? 24. When you are having personal problems, do you go to friends or family members for help?			
25. Do you have good health habits?			
Nutrition and Fitness  26. Do you eat well balanced, healthy meals each day?  27. Do you maintain your weight at a good level?  28. Do you exercise at least three times a week?			
Personal Management 29. Do you get yourself up in the morning? 30. Do you prepare meals for yourself? 31. Do you manage money effectively? 32. Do you manage time effectively?			
<ul> <li>33. Do you pay for things in stores without making mistakes? Some examples include (1) knowing if you have enough money to buy what you want, and (2) knowing if you get the correct change.</li> <li>34. Do you shop carefully and get things for good prices?</li> <li>35. Do you use a checking or savings account to</li> </ul>		Parent	her Average
manage your money? 36. Do you budget your money well enough to pay for the things you want and need?			
Medical 37. Do you know what to do in emergency situations? 38. Do you independently take medication? 39. Do you make doctor's appointments?			