

College Readiness Assessment

Name _____

DIRECTIONS

For each of the foundation areas, you will find five questions. Mark the "yes" box adjacent to the question with a check (✓). Count the number in each foundation area and record the total for each area.

Academic Skills	YES
1. Can you read up to 200 pages in a week?	
2. Writing essays and papers is relatively easy for me.	
3. Do you have a system for taking notes?	
4. Do you have a system for preparing for tests and exams?	
5. I'm usually good at prioritizing my time to get my studying done.	
TOTAL	

Self-Understanding	YES
1. Do you know your academic strengths?	
2. Do you know which academic tasks give you the most difficulty?	
3. Can you identify the academic supports you need to be successful?	
4. Most of the time I feel others understand me.	
5. I never worry about what others think of me and don't let that determine my actions.	
TOTAL	

Self-Advocacy	YES
1. I often participate in class discussions.	
2. If I don't understand something in class, I typically feel comfortable asking my teacher a question.	
3. I enjoy learning things on my own (and not just for a class).	
4. I'm not afraid to take a position with which others will disagree.	
5. I am comfortable making some decisions without my parents' input.	
TOTAL	

Executive Function	YES
1. Are you able to ignore difficulties and focus on the task at hand?	
2. Are you able to complete all the steps of a project in a timely manner?	
3. Do you have a strategy for completing tasks that you find boring?	
4. I would still like school even if my friends weren't there.	
5. I think about the consequences before I act.	
TOTAL	

Motivation and Confidence	YES
1. Do you know what you want to get out of your first year of college?	
2. I usually go beyond class requirements, not because I have to, but because I'm interested in what I'm learning.	
3. If I want to do something on a Saturday afternoon, I usually don't need my friends to do it with me.	
4. I would be willing to give up my extracurricular interest to make excellent grades.	
5. Do you know that you can succeed?	
TOTAL	

Post-secondary Education	YES
1. I see many benefits in going to college.	
2. I want to go to college as much as my parents want me to go.	
3. I do not feel pushed into going to college.	
4. The thought of college doesn't really scare me.	
5. I am ready to begin thinking about my future and planning for college.	
TOTAL	

HOW TO SCORE THE GUIDE

- Transfer the total for each foundation area into the spaces provided below.
- Add these totals together and record that number in the box at the bottom under "Skills Total".
- Multiply the total number of answers marked "yes" by 3.33 to get the foundation percentile.

Foundation Area	Indications	Score
Academic Skills	A student must be able to read and write with a high level of independence.	
Self-Understanding	A student must be aware of his or her strengths and challenges in learning.	
Self-Advocacy	A student must independently ask for and at times even fight for services and support.	
Executive Function	A student must be able to keep track of assignments, organize books/materials and manage time independently.	
Motivation and Confidence	A student must have clear set goals and believe that he or she can succeed.	
Post-secondary Education	A student must be able to invest in their own education, see the value of obtaining some type of training/education past high school and attend based on the correct motivation.	
Skills Total	Total number of questions marked "yes"	
Percentile	Multiply the above skills total by 3.33 to get the overall percentile.	